

June task - Þingeyjarskóli

Digital safety



In Þingeyjarskóli we focus on:

- teaching our students how they can use digital technology in a positive way, both in their study and in their daily life.
- strengthening students' digital safety, making them responsible for their behavior and all their online actions. We emphasize not saying anything on social media that you would not say face to face to another person.
- Encourage students to reflect on their use of social media, both positive and negative usage by using *Mentimeter* and have discussion with them about the results. They also fill out their Digital footprint where they reflect on what social media they connect to.
- Letting our students know how important it is for them to get a good night's sleep.
- Letting students know the correct actions to take if they experience abuse or something uncomfortable online.
- Every year we have internet safety day to remind both staff and students of the importance of staying safe online. That day we got an expert to do a seminar and explaining all the dangers of the internet.

In our teaching we use these websites:

- www.saft.is - stands for society, family and technology. Its main focus is to inspire safe computer and social media use for children and teenagers.
- www.midlalaesi.is - a lot of short movies to inspire and teach about safe internet usage.

