

UN GLOBAL GOALS

GOAL 3: Ensure healthy lives and

promote well-being for all, at all ages

MAY 2024

DIMOTIKO SCHOLEIO MAKEDONITISSAS B'
Nicosia, Cyprus



Goal 3 *aims to ensure healthy lives and promote well-being for all, at all ages.*

Health and well-being are important at every stage of one's life, starting from the beginning. This goal addresses all major health priorities: reproductive, maternal, newborn, child and adolescent health; communicable and non-communicable diseases; universal health coverage; and access for all to safe, effective, quality and affordable medicines and vaccines.

SDG 3 aims to prevent needless suffering from preventable diseases and premature death by focusing on key targets that boost health of a country's overall population.

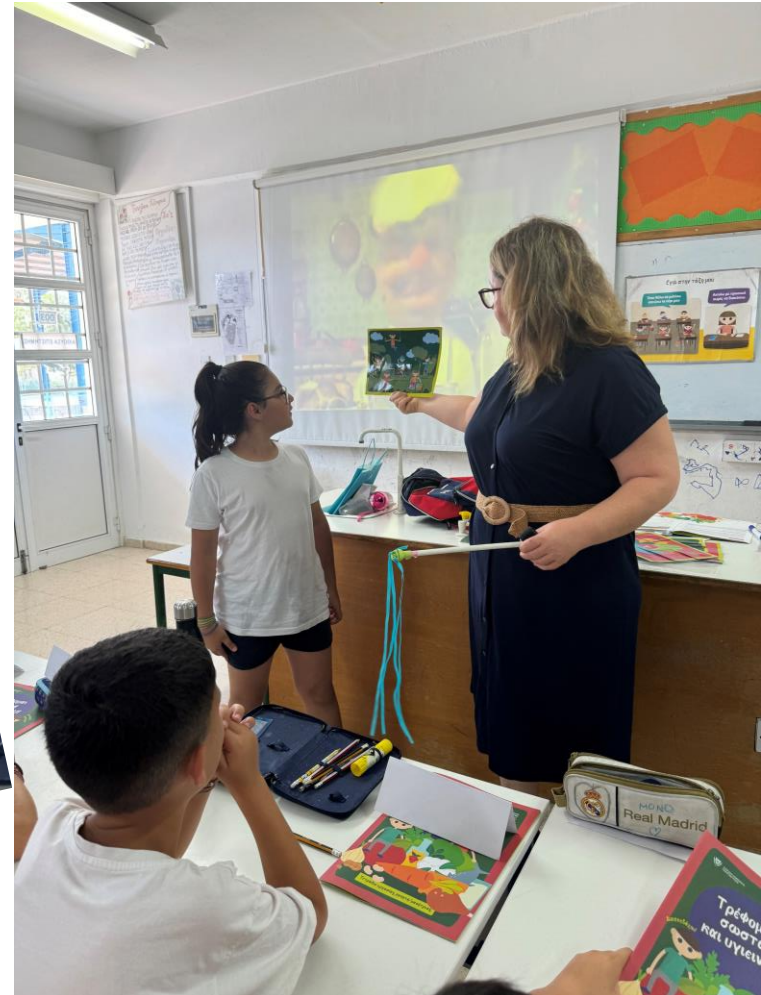
3 GOOD HEALTH AND WELL-BEING



PROMOTING HEALTHY HABITS IN STUDENTS'

EVERYDAY LIFE

...by learning how to eat



...and choosing healthy snacks for our school breaks





***...by preparing and enjoying
healthy banana and strawberry***



with the help of the Parents Association

...and by exercising in our school



***By having
fun-day
activities
like
playing
waterfight
s on hot***





***...or by playing
traditional
games***







...by dancing every morning

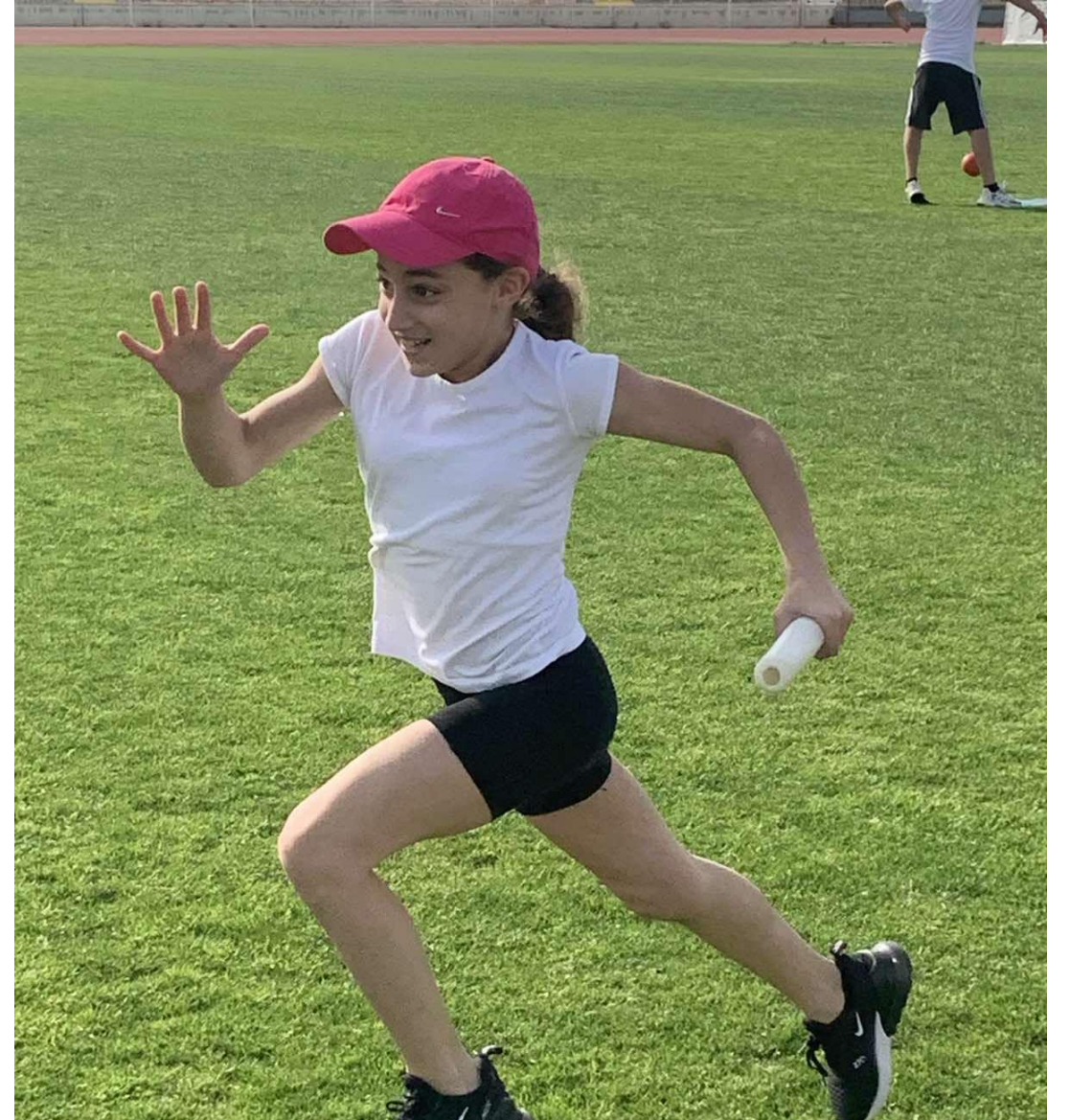


*...and by
gardenin
g*





*By taking part in
Track and Field
Games*





...and in nautical sports



...By having a sports day at the beach playing beach-volley and tennis





By playing orientation games in our school and learning how to read a map