

## Pingeyjarskoli's February task



### *Safer Internet day*

Safer Internet Day 2023 took place on the 7th of February 2023, with celebrations and learning based around the theme **‘Want to talk about it? Making space for conversations about life online’**. The focus was on promoting safe, responsible and positive use of digital technology for children and young people by putting their voices at the heart of the day and encouraging them to shape the online safety support that is available to them.

This year the focus was the following questions:

- What issues really matter to children and young people?
- What changes do they want to see?
- How can we all work together to advocate for them moving forward?

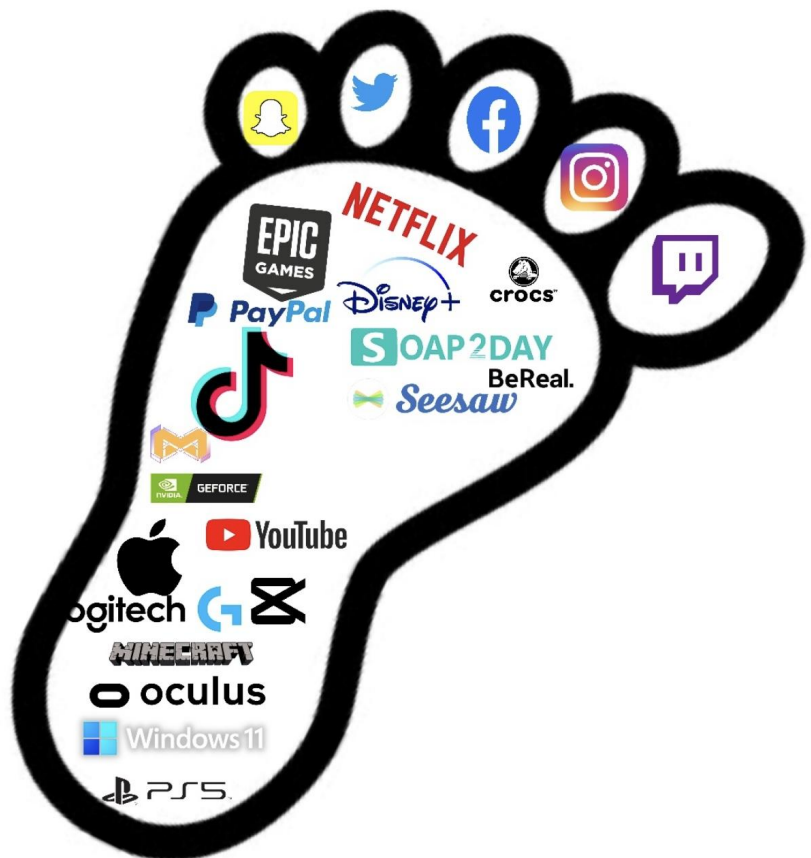
In Pingeyjarskoli we worked with students of classes 5 to 7 (ages 10-12 yrs ) and 8 to 10 (ages 13-15 yrs) with focus on discussion based on answers to these questions:

1. How can we/are we using the internet and social media in a positive way?
2. How can we/are we using the internet and social media in a negative way?
3. How do you think the internet and social media will develop in the next 25 years?

### This is what we did with our 5th to 7th class students:

- Video - discussion on social media by the Icelandic network on information and media literacy ([www.midlalaesi.is](http://www.midlalaesi.is)).
- Discussion: about the video, positive/negative aspects of the internet and Social media and how students think the development will be in the next 25 years?
- Video - Social media: age limit and mental health.
- Digital footprint - they were asked to put in logos of all the social media they connect to by signing in with a password.

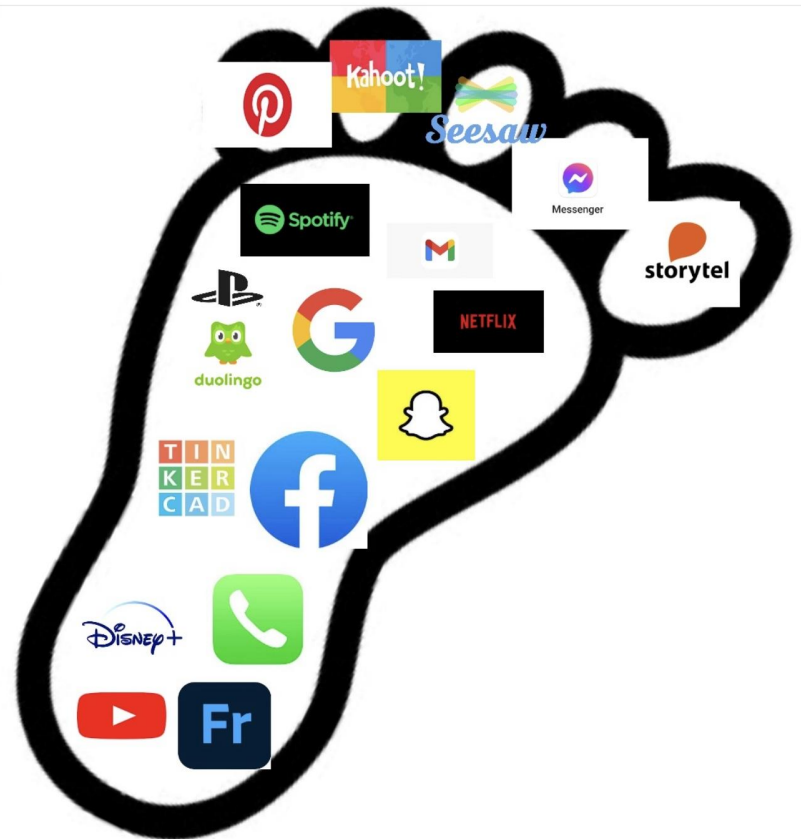
Hvernig lítur fótsporið þitt út?  
Bættu við merkjum og orðum til þess að búa til þitt eigið fótspor.



An example of a footprint from a 12 years old student.

Hvernig lítur fótsporið þitt út?

Bættu við merkjum og orðum til þess að búa til þitt eigið fótspor.



An example of a footprint from an 11 years old student.

**This is what we did with our 8 to 10th classes:**

*Motivation:* Video (midlalaesi.is) - A discussion about social media by the Icelandic network on information and media literacy.

*Mentimeter* - positive/negative usage of the internet and social media and they had a discussion about the results. In Mentimeter bigger words mean they are named more often. Here are the results:



